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# **Cardiff Canine Massage**

How do I know if my dog would benefit from having a massage?

“What is he/she trying to tell me?”

To use this scale

It is best to observe your dog over a few weeks to get more of an accurate representation. Please circle or highlight the number which most accurately relates to your dog. The higher the score the more likelihood that massage, specific exercises, and changes in home lifestyle may improve these indicators. You can also use this as a guide going forward to see how much your dog improves with each treatment – for this it is useful to complete on a weekly basis.

What to do next

Please contact Kirstey at Cardiff Canine Massage to book your consultation, assessment and to obtain veterinary approval.

Contact Details

[Kirstey.lee@outlook.com](mailto:Kirstey.lee@outlook.com)

[www.cardiffcaninemassage.co.uk](http://www.cardiffcaninemassage.co.uk)

Tel : 07943765736

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| --- | --- | --- | --- | --- |
| **Behaviour Changes** | **No** | **Sometimes** | **Often** | **Always** |
| Does your dog scratch an itch daily? | **0** | **1** | **2** | **3** |
| Does your dog lick or nibble at his paws, legs, tail, body daily? | **0** | **1** | **2** | **3** |
| Has your dog stopped fully wagging his tail? | **0** | **1** | **2** | **3** |
| Has your dog stopped running to greet you? | **0** | **1** | **2** | **3** |
| Is he anxious when there is an unexpected noise? | **0** | **1** | **2** | **3** |
| Is he reactive towards other dogs or people? | **0** | **1** | **2** | **3** |
| Does he let you stroke him? | **0** | **1** | **2** | **3** |
| Is your dog reactive near his backend? | **0** | **1** | **2** | **3** |
| He is reluctant to go for a walk | **0** | **1** | **2** | **3** |
| He stops on a walk for no apparent reason | **0** | **1** | **2** | **3** |
| Has your dog’s sleep pattern changed? | **0** | **1** | **2** | **3** |
| **Total** |  |  |  |  |
| **Capability Changes** | **No** | **Sometimes** | **Often** | **Always** |
| Does your dog struggle climbing up and down the stairs? | **0** | **1** | **2** | **3** |
| Does your dog struggle to get on or off the sofa or bed? | **0** | **1** | **2** | **3** |
| Does your dog struggle getting in or out of the car? | **0** | **1** | **2** | **3** |
| Does your dog show signs of stiffness when getting up from a sitting or laying position? | **0** | **1** | **2** | **3** |
| Does your dog groan when they lay down? | **0** | **1** | **2** | **3** |
| Has your dog become clumsier (bump into objects/people)? | **0** | **1** | **2** | **3** |
| Does your dog sit or lie down during a walk? | **0** | **1** | **2** | **3** |
| Does your dog refuse to walk on certain surfaces? | **0** | **1** | **2** | **3** |
| Does your dog keep all four paws on the floor when doing a shake off? | **0** | **1** | **2** | **3** |
| **Total** |  |  |  |  |
| **Physical Changes** | **No** | **Sometimes** | **Often** | **Always** |
| Is your dog’s tail between his legs? | **0** | **1** | **2** | **3** |
| Does your dog use/wag his tail? | **0** | **1** | **2** | **3** |
| Is your dog’s back arched or hunched? | **0** | **1** | **2** | **3** |
| Does your dog sit with one rear leg out to the side? | **0** | **1** | **2** | **3** |
| Does your dog scuff his paws when walking? | **0** | **1** | **2** | **3** |
| Does your dog drag his legs when walking? | **0** | **1** | **2** | **3** |
| Has your dog developed a limp or lameness? | **0** | **1** | **2** | **3** |
| When standing, does your dog shift his weight from side to side? | **0** | **1** | **2** | **3** |
| Does your dog lie down in a strange position? | **0** | **1** | **2** | **3** |
| Does your dog refuse to look up when walking to heal? | **0** | **1** | **2** | **3** |
| Has your dog lost weight for no apparent reason? | **0** | **1** | **2** | **3** |
| Has your dog gained weight for no apparent reason? | **0** | **1** | **2** | **3** |
| Does your dog prop his head up onto something when sleeping or resting? | **0** | **1** | **2** | **3** |
| **Total** |  |  |  |  |
| **Eating, Toileting & Coat Changes** | **No** | **Sometimes** | **Often** | **Always** |
| Has your dog’s eating patterned changed? | **0** | **1** | **2** | **3** |
| Has your dog’s toilet habits changed? | **0** | **1** | **2** | **3** |
| Does your dog have accidents in the house? | **0** | **1** | **2** | **3** |
| Has your dog gone off his food? | **0** | **1** | **2** | **3** |
| Is your dog drinking more than usual? | **0** | **1** | **2** | **3** |
| Is your dog drinking less than usual? | **0** | **1** | **2** | **3** |
| Does your dog scoot his rear end along the floor? | **0** | **1** | **2** | **3** |
| Does your dog walk in a circle or move to defecate? | **0** | **1** | **2** | **3** |
| Does your dog struggle to defecate? | **0** | **1** | **2** | **3** |
| Does your dog still cock the same leg when toileting? | **0** | **1** | **2** | **3** |
| Does your dog still cock his leg when toileting? | **0** | **1** | **2** | **3** |
| Does your dog refuse to eat from a bowl? | **0** | **1** | **2** | **3** |
| Are they chewing their food normally? | **0** | **1** | **2** | **3** |
| Does your dog have loose stools? | **0** | **1** | **2** | **3** |
| Does your dog have any skin disorders? | **0** | **1** | **2** | **3** |
| Does your dog have a dry coat or any dry or bold patches on his skin? | **0** | **1** | **2** | **3** |
| Are there any unusual coat patterns? | **0** | **1** | **2** | **3** |
| **Total** |  |  |  |  |

Write your score and date that you completed the scale below – as a record

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| --- | --- | --- | --- | --- |
| **Date** | **Behaviour Changes** | **Capability Changes** | **Physical Changes** | **Eating, Toileting & Coat Changes** |
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